

# Ability Bhutan Society TRIANNUAL REPORT (2012-2014)

See the
Person
not the
Disability

# Contents

About Ability Bhutan Society	2
Intervention Programs	5
Center Based Intervention	5
Home Based Intervention.	5
School Based Intervention	6
Family Support Program at ABS center	6
Fund-Raising Activities Achievements	7
Advocacy Activities	10
Observations	12
Dignitary Visits/Recognitions	15
Institutional Development	17
Financial Statement	19
Three Years in Review	22





### **Ability Bhutan Society**

#### The Royal Patron's Message

In the last three years, awareness on special needs has gained purposeful attention. It is an immensely meaningful progress as our society becomes more sensitive to the unique challenges experienced by those living with disability; efforts are invariably strengthened in nurturing an environment that is devoted to inclusion.

With collective public support to address the obstacles faced by people with special needs – our aspiration for an enabling society, free of bias and discrimination, is being realized. Social workers and volunteers have been invaluable in this endeavor and their tireless work has enabled people living with disabilities to become more engaged in all facets of life.

We are heartened that the Ability Bhutan Society has been able to achieve goals to improve the lives of people with special needs and their families. Intervention programs have been immensely successful and ABS continues to strengthen its reach and networks with development partners both within and outside of Bhutan, enhancing efforts through shared experience, resources and combined action.

Public awareness on special needs is growing, and our gratitude extends to the numerous organizations, individuals and donors that have committed to this noble cause, ultimately strengthening the very fabric of society.

On the auspicious commemoration of His Majesty the Fourth Druk Gyalpo's 60<sup>th</sup> Birth Anniversary, may we dedicate our efforts to the constant inspiration of His Majesty, for an equal and just society, and recommit our inexhaustible service to this imperative goal.

Tashi Delek.

Her Majesty The Gyaltsuen Jetsun Pema Wangchuck The Queen of The Kingdom of Bhutan

elsun Jema Wang chuck

### **ACKNOWLEDGEMENT**

Ability Bhutan Society would like to thank and acknowledge all the individual (national and international) donors, stakeholders, organization, volunteers, and supporters for their constant and persistent support to Ability Bhutan Society. Your support and assistance have made a great difference in the organization and fulfilling many of its objectives.

### Report of the Chairperson

### **Ability Bhutan Society**

To, Your Majesty Jetsun Pema Wangchuck, The Queen of Bhutan and The Royal Patron of ABS,

&

Members of the Ability Bhutan Society & Stakeholders

I have the honour and pleasure, as the Founding Chairperson of the Board of Trustees of the Ability Bhutan Society, to present the First Report covering the years 2012-2014 to the Annual General Meeting of the Society. This Report is long overdue but we seek your indulgence as a new organisation facing many challenges while having to attend to the daily and immediate needs of the Society. We hope the future Reports and the AGM critical for participatory decision-making in the Society will be able to be more regular!

I have the honour also to report that the ABS Strategic Plan 2015-2020 has been adopted by the Board and launched by Her Majesty The Royal Patron on the World Autism Awareness Day 2015. We present the same for ratification by the AGM. Amongst the many activities an important milestone is the plan to acquire a plot and build the Main Centre in Thimphu and minimum of five centres in the Dzongkhags. In this, we look up to the Members for your unstinted support.

While grateful for the past support from all our donors both from within and abroad, we will continue to look up to each one of you for your goodwill for ensuring the success of all the activities we have presented in our Strategic Plan.

This AGM also be the time for election of the Members of Board of Trustees. We hope the members will take keen interest in the nomination process and the elections in ensuring in a resourceful and competent Board which will be able to live up to the Wishes of Her Majesty The Royal Patron and meet the expectations of the Members and ultimately be able to serve the best interest of all individuals living with moderate to severe diverse abilities.

I also seize this opportunity to offer most humbly my gratitude for the honour to serve Her Majesty The Royal Patron.

I would like to thank all Members of the Board of Trustees and staff of Ability Bhutan Society for their support and cooperation rendered in the discharge of my duties as the Chair.

I offer the new Members and the Board of Trustees my best wishes.

Dasho Kunzang Wangdi Chairperson

# ABS Triannual report 2012-2014

#### **About**

### **Ability Bhutan Society**

Ability Bhutan Society (ABS) is a Public Benefit Organization founded on the recognition of persons living with moderate to severe diverse abilities; primarily children and their families that have special needs. The concept of ABS was inspired by the Vision of His Majesty Jigme Khesar Namgyal Wangchuck, The King of Bhutan of a Compassionate and a Just Society. It was inaugurated by Her Majesty Gyaltsuen Jetsun Pema Wangchuck, The Royal Patron of ABS, on 6th of April 2012, as a project under the Kidu Foundation established by Their Majesties as an endowment for Royal Projects.

#### Vision

"Empowering individuals with diverse abilities to live independently and with dignity within Bhutanese Society."

#### Mission

Enhance the quality of life of individuals living with moderate to severe diverse abilities by:

- 1. Advocating and creating awareness of the rights of people living with diverse abilities in Bhutanese society;
- Developing core groups of dedicated, committed and trained Social Worker and

- caregivers;
- 3. Enhancing families and caregivers skills to empower those living with diverse abilities in their care; and
- 4. Providing direct interventions to enhance the capabilities of people with differing abilities.

#### **Core Values**

The core values that underline the programmes and motivate all those associated with the ABS are:

### Compassion:

Motivated to alleviate the suffering of those living with moderate to severe diverse abilities;

### **Empathy:**

Empathetic to work with and for persons living with moderate to severe diverse abilities;

### **Equality:**

Accepting and treating without any discrimination all persons living with moderate to severe diverse abilities as equal members of the Bhutanese Society;

### Collaborative:

Determination to work together with key agents stakeholders to meet the objectives of ABS and ain ensuring effective delivery of its services;

#### Trustworthiness:

Being trustworthy and transparent

#### **Objectives**

The organizational objectives of the ABS are to:

- Create a purpose-built
   National Facility with Regional level Care Centers staffed with highly qualified care providers;
- 2. Advocate inclusion of persons living with diverse abilities in the Bhutanese Society;
- 3. Ensure accessibility to public facilities and services to widen the opportunities for participation of persons living with moderate to severe diverse abilities in society to their fullest potential;

- 4. Develop the professional skills of ABS social workers through training, exchange programmes and educational development;
- 5. Support families, caregivers and families of persons living with moderate to severe diverse abilities through educational and psycho-social support;
- 6. Create network with sister organizations for cooperation and sharing of experiences; and
- 7. Ensure that ABS has sustainable funding and appropriate organizational skills at all levels.



### Governance

The Royal Patron
Her Majesty
The Gyaltsuen Jetsun Pema Wangchuck

#### MEMBERS OF THE BOARD

Chairperson Dasho Kunzang Wangdi Chief Election Commissioner

Vice-Chairperson Dr. Kinzang P. Tshering, President, Khesar Gyalpo University of Medical Sciences of Bhutan

Member (Representative of His Majesty's Secretariat)

Member/Treasurer
Dr. Kunzang Getshen
Professor of Ophthalmology
Khesar Gyalpo University of
Medical Sciences of Bhutan

Member/Parent Dr. Mahrukh Getshen Transfusion Specialist JDWNR Hospital

Member-Secretary/Executive Director Ms. Beda Giri

### Intervention Programs of

### **Ability Bhutan Society**





#### **Centre-based Intervention**

ith the generous support from Moira, Philip and Donors from all over, Ability Bhutan Society functions as a Resource Center where children come on a daily basis to avail the services and therapies. Currently we have 62 children living with diverse abilities coming to our Centre. Rehabilitative and therapeutic equipment at the Centre help the social workers do the intervention efficiently. The families of those children living with diverse abilities and coming to the ABS center for availing services has expressed that there has been tremendous improvement and success in performing the daily living activities at home. Parents always want to keep visiting the center for more services due to the successful stories

in the lives of the differently-abled children.

#### **Home-based Intervention**

Tor the children with profound diverse abilities, the social workers provide home-based services by visiting their homes and teaching them Activities of Daily Living (ADL) skills. In doing so, the parents and caregivers are trained simultaneously to cope up with the home environment. The main aim for Home-based intervention is to help in educating the child in the Least Restrictive Environment. With the help of intervention some of the children are included in the community; Pranita (20yrs), she is now included in Draktsho Vocational Center and there are 20 such Children enrolled for Homebased Intervention Programme.



# School Intervention/Out Reach

ABS upholds the policy of an Inclusive Education and tries to mainstream students with special needs in schools. Social workers visit schools and collaborate with the SEN teachers to exchange strategies and ideas as to how we can work collaboratively to enhance the lives of Children with disabilities. Currently social workers visit 6 schools.

#### They are:

- Changangkha Middle Secondary School (CMSS);
- Changzamtog Lower Secondary School (CZLSS);
- 3. Early Learning Centre (ELC);
- 4. Loselling Lower Secondary School (LLSS);
- 5. Zilnon Namgyeling Primary School (ZNPS; and
- 6. RBP Community ECCD Center.

With the help of all the outreach programmes and intervention services ABS has been successful in mainstreaming five students with special needs into various schools:

- Early Learning Centre (1 student);
- Changzamtog Lower Secondary School (3 students);
- 3. Loselling Middle Secondary School (1 Student);
- 4. Druk Lower Secondary School (1); and
- 5. Zilnon Namgayling Primary School (3).



\*ABS supports families of children with diverse abilities. Presently, ABS supports 60 families. ABS supports an eight-year-old boy with Autism Spectrum Disorder. Together with the child's mother collaboration ABS has introduced a fully inclusive school setting.

# Family Support Programme at the ABS center

ABS conducts family support programme once a week to bring parents together of children living with disabilities and have them share their views and opinions with each other. On the other hand, the professionals are also invited to talk about matters regarding the diverse abilities and related interventions available that could possibly help the parents/caregiver in dealing with their children living with diverse abilities.

The parents were grateful to ABS, as they were able to get access to professional and gain new knowledge. The family support programme helps our parents to know about the disability rate in Bhutan and the main reasons for increase in children. The forum was organized to let the parents come together and share their feelings and difficulties faced by them with each other so that they understand that they are not the only ones with such problems. They can also give psychosocial support to each other while coming together during Family Support Programme.

### **Fund Raising**

### **Activities & Achievements**

# Cultural Show by the Volunteers

In August 2013, the volunteers of ABS organized a cultural show at Lungtenzampa Middle Secondary School auditorium. The volunteers put in huge efforts to raise funds through a successful show, which indeed turned out to be the most wonderful concert performed by the volunteers. Through such programme we not only intend to raise funds but also create awareness on the issues of diverse abilities to the communities.

# Recruitment of foreign professionals for in-house

### capacity building

As Bhutan lacks professionals in the field of diverse abilities, professionals from abroad trained the social workers of ABS. Owing to the limited budget, social workers at ABS were not able to get opportunities to attend formal training, thus, the social workers made best use of the professionals coming in the country as volunteers. It was learnt and understood that dealing with children living with diverse abilities is not an easy task and every knowledge and idea we get from any professional in the field of diverse abilities is of vital importance.



**Special Educators:** Jennifer Ashley Adams and Joshua Taylor Kiser Joshua and Jennifer conducted Training Programmes for the Social Workers of ABS on "Educating Learners with Moderate to Severe Diverse abilities" for the period of three months, developed Individualized Education Plan (IEP) for the children with special needs. They also conducted Family Support and Advocacy Programs.

#### **Basic Life Saving Skills:** Jessica Huddleston

Ms. Huddleston taught social workers and parents about life saving skills such as CPR, Choking and First Aid. These skills were taught both theoretically and practically.

**Speech Therapist:** Lisa Jean Cameron and Anna Delaney Ms. Cameron met personally with the parents of children who have speech difficulties and also with all the parents in general. She helped parents with the pedagogy of speech problems. Ms. Anna volunteered for longer period and helped train social workers as well as intervene those children with communication difficulties. She conducted family support program and attended outreach programs.

**Physical Therapist:** Joan Cross and Tori Ms. Cross donated a number of original canvas paintings. Tori worked on improvising the wheel chairs hence making the lives of wheel chair users more comfortable and convenient. She also consulted the children with motor problems.

**ABA Therapist:** Lindsay Cochran Ms. Lindsay helped in training social workers in behavior management. She also consulted children with behavioral issues and conducted family support programmes.

#### **Occupational Therapist:** Nick Morrison and Louisa Cotton They conducted Family support programme and helped train social workers in OT. They consulted children living with diverse abilities. Ms. Cotton is also a

key player of the "make Bhutan Accessible" initiative of Ability Bhutan Society.

#### **Pediatric Neuropsychologist:**

Caroline Brown Johnson Ms. Johnson met with parents and gave talks on pediatric neuropsychology and issues associated with the field.

and Dr. Shiva Berman

### **Developmental Pediatrics/research** & development: Dr. Brad Berman

Dr. Brad and Dr. Shiva have both been immensely supportive of ABS even before the establishment of ABS as a CSO. They have met with numerous parents and children with disabilities.

Dr. Brad has provided individual consultations for children with Special Needs and their parents and helped them tackle various issues concerned with child development. He has also briefed our social workers on various issues to help them implement IEPs and about the best practices they can implement while working with children

with diverse abilities. Dr. Shiva helped us with office management, meeting personally with each of our social workers and assigning them with individual responsibilities to carry out. She is also an advisor to Board of trustees till 2015.

### **Alternative Therapist:** Michelle Turner

As part of the parent's initiative of Ability Bhutan Society, a two-day workshop on Movement and Foundation of Touch was conducted at Nehru Wangchuck Cultural Centre. The presenter was Michelle Turner, a touch therapist from United States. The workshop was attended by volunteers, parents and teachers from SEN schools. Ms. Turner also continued her therapy at ABS Centre for two

weeks for the benefit of special needs children especially those concerned with movement.

### Save the Children Project

Project for "Improving self-help capacity of children with special needs "funded by Save the Children, successfully completed.

Procurement of office Pool Vehicle With the fund assistance from Save the Children, Ability Bhutan Society procured the office vehicle (ECCO 7STR) and 14thApril 2014, the formal inauguration of vehicle took place at ABS Centre in the presence of officials from Save the Children. Ability Bhutan Society gratefully acknowledges and appreciates Save the Children for their generosity.



## ABS Friannual report 2012-2014

### **Ability Bhutan Society**

### **Advocacy Activities**

### Advocacy on Make Bhutan Accessible

ABS took initiative along with the other CSOs working with diverse abilities to advocate on the accessibility and making Bhutan a differently-abled friendly environment.

It focused on the needs of the individuals living with diverse abilities to make public spaces friendly and usable for everyone. Advocacy is endorsed by CSOA and CSO sector as a whole. During the State of the World's Children (SOWC), it was mentioned that Her Majesty wishes to make Bhutan a Wheelchair accessible country.

# Sensitization of UNCRPD through Gender Perspective

On 10th and 11th of March 2014, Ability Bhutan Society collaborated with Disabled Persons' Association of Bhutan to initiate the Sensitization of UNCRPD workshop at Ability Bhutan Society Centre. The participants discussed on the Convention on the Rights of Persons with Disabilities (CRPD), identifying the rights of persons living with disabilities as well as the obligations on States parties to the Convention to promote, protect

and ensure those rights.

### Objectives of the workshop:

- To create awareness on Rights of Person living with disabilities;
- 2. To build collaboration between Civil Society and Government in ratification of UNCRPD;
- To sensitize the stakeholders about the importance of UNCRPD; and
- Initiate support system for the people living with disability.

#### C4CD workshop

Care for Child Development (C4CD) Workshop was held for four days (15-18/05/14) by Ministry of Health at Gidakom hospital. ABS staff attended the workshop as part of the training programme. The workshop was basically about knowing how the child grows physically, socially, emotionally and intellectually which is also known as pillars of C4CD. It included both theoretical and practical knowledge about developmental milestones and the normal development of a child. This is very important because unless we know what is normal, we won't know the abnormalities.



### **Ability Bhutan Society**

### **Observations**

# Observance of International Day for Persons living with disabilities, 2012

On 3rd of December 2012, ABS observed the International Day for Persons living with diverse abilities along with other relevant stakeholders and supporters. Her Majesty the Gyaltsuen Jetsun Pema Wangchuck graced the occasion as the Chief Guest.

The day was observed with an

inclusive sports event. In 2013 ABS participated in the observance of International Day for Persons living with diverse abilities through the research paper presentation done by the Center. ABS will also report on the programme and activities that are done by ABS towards children living with diverse abilities. Through this collaborative observance of the International Day for Persons living with diverse abilities, the



team was able to display the progress of the differently abled children in the fields of sports and physical strength. Children living with diverse abilities also had the opportunity to mingle with numerous differently-abled children from various backgrounds, in the blessed presence of Her Majesty the Gyaltsuen Jetsun Pema Wangchuck.

# Observance of International Day for Persons living with Disabilities, 2014

Every year 3rd of December is observed as International Day for persons living with diverse abilities with different themes. This year (2014) the theme was "Sustainable development: The promise of Technology". It focuses on the role of the technology in disaster risk reduction and emergency responses, creating enabling working environment and diverse abilities – inclusive of sustainable development goals.

Ability Bhutan Society in collaboration with the relevant stakeholders (Disabled Persons' Association of Bhutan, Bhutan Foundation, Youth Media Centre, Draktsho and Bu-ssien Group) observed the International Day for Persons Living with Diverse Abilities. The day was observed



with an inclusive Potluck picnic at Centenary Park in the morning and launching of Special Needs Documentary by Her Majesty the Gyaltsuen in the afternoon at the Royal Banquet Hall.

## Observing International Down Syndrome Day, 2014

On 21st of March, 2014, Ability Bhutan Society observed the World Down Syndrome Day at the ABS Center. It is observed, throughout the world every year, but it was observed for the first time in Bhutan. This year the theme was "Health and wellbeing-access and equality for all". Each year, voice of the people with Downsyndrome and those who live and work with them grows louder. But there is still much more we can do. We observed this day to help raise awareness on diverse ability particularly Down syndrome, its causes, prevention, treatment etc. and how important it is to include people living with diverse abilities in the society.

All people with Down syndrome have the right to access health care when they require on an equal basis with others without discrimination and with proper assessment of specific health.

### Observing World Autism Awareness Day, 2nd April 2013

On 2nd of April 2013 as per the Royal Command of Her Majesty, ABS initiated and observed World Autism Day for the first time in Bhutan at the Clock Tower Square at Thimphu. An inclusive cultural programme performed by children with special needs, volunteers and the students, observed the day. The Clock Tower was lit blue all over to signify the color of Autism and to create awareness among general public about the autism spectrum disorder. It is a day to remind us about the importance of rendering support and assistance to those individuals with (ASD) and other disabilities alike.





#### Observing World Autism Awareness Day, 2nd April 2014

Ability Bhutan Society observed WAAD for the second time in the year 2014. The programme started in the afternoon and ended in the evening. The day was observed with an inclusive cultural programme performed by children with special needs, volunteers, and the students. The Clock Tower and the National Memorial Chorten participated in supporting the theme of Light it Up Blue to signify the color of Autism and to create awareness among general public about the Autism Spectrum Disorder.

Visit of the Royal Patron, Her Majesty Gyaltsuen Jetsun Pema Wangchuck to ABS Center On 21st of March 2013, the Royal Patron of ABS, Her Majesty the Queen visited the Ability Bhutan Society Centre. Her Majesty granted an Audience to the Board, staff and volunteers of Ability Bhutan Society. Her Majesty was briefed on the ongoing and future programme of Ability Bhutan Society. There was also a discussion about how ABS can grow in the near future and reach out to wider range of people living with diverse abilities. Later, Her Majesty interacted with the children living with diverse abilities and their parents/caregivers. Children with special needs received gifts from Her Majesty.

## **Visit of Canadian Ambassador to ABS Center**

The Canadian Ambassador His Excellency Mr. Stewart Beck paid a visit to Ability Bhutan Society Center on 27th of September



2013. Ambassador interacted individually with the children living with disabilities and their parents. The delegation was given a brief presentation on Ability Bhutan Society and the works of the organization. His Excellency was briefed especially on the grants received from the Canada Fund for local initiatives, Nepal office through CSOA and its utilization by ABS for enhancing the provision for service delivery to a wider group of individuals living with diverse abilities. ABS was able to prioritize the critical needs and requirements of the service at the resource center for early intervention that made a difference in the lives of children living with diverse abilities. The rehabilitative equipment purchased has directly benefited in improving the lives of individual living with diverse abilities as they could come to the center and access the equipment. It supports the home intervention programme that promotes social

inclusion for the children with special needs.

- \*ABS has also been reaching out with other organizations working with similar cause in the Global region, these include:
- Action for Autism, a disability rights organization located in New Delhi, India, which works with autistic children and their parents have facilitated the startup and strengthening of services across India, Pakistan, and, Nepal. Action for Autism, has formally expressed their willingness to develop collaboration with ABS to assist with training and technical advice.
- UMEED Child Development Center, a child development organization in Mumbai, India, has expressed to accept proposals from ABS in the field of professional training and HR capacity building.

Autism Speaks, ability
 affiliation with International
 Organization; Ability Bhutan
 Society is given recognition as
 primary partner for Bhutan by
 Autism Speaks Global Autism
 Public Health Initiatives.
 Autism Speaks has supported
 the work of advocacy

organizations, academic institutions, governments and UN agencies in dozens of countries throughout the world to raise autism awareness and to build national and global capacity for autism research, services and policies.

### **Ability Bhutan Society**

### Institutional Development

In the beginning of 2007, families of children living with diverse abilities gathered informally to share their problems of loneliness and helplessness and to explore ways and means to provide better life for their children with moderate to severe diverse abilities, who often had to be left at home alone or at best with an untrained caregiver. This was a very critical situation for the individuals and their families.

It was during that time that the concept of ABS was initially conceived with the objective of helping each other to provide direct early intervention and assistance to their children living with diverse abilities.

ABS is steadily becoming a more professional organization but there still remains a vast difference between organization and its levels of capacity. Consequently, for the reasons of professionalism and effective and successful impact on the clients, strengthening organizational governance is

needed in high priority. At the initial stage the focus of the organization has been to secure sustainable funding for a long-term, to improve and extend the quality of care through recruitment of additional social workers, professionals and also enhancing their skills for better treatment of the clients and self-sustainability of the organization.

Furthermore, ABS hopes to deliver and improve its Clinical services at National Centers, embarking on a significant longterm clinical management and performances by recruiting of the Clinical Director, Communication Officer, and a Finance Manager as urgent requirements. In addition, the need to widen the delivery of services to other regions of Bhutan has been demonstrated through the findings of RGoB/ UNICEF National Statistics Bureau, (2012), Bhutan 2010-2011 Bhutan Multiple Indicator Survey (BMIS) Two Stage Child Disability Study Among Children 2-Years Old,

and it has been observed that certain Dzongkhags have a higher prevalence of diverse abilities and thus require establishment of centers to cater to their needs.

As ABS succeeds in its Strategy
Two to secure sustainable, longterm funding, it shall begin to identify the potential expansion of services in the regions and venturing on the organization's prioritized future programmes such as:

- Expansion of services to other districts;
- Develop database on Bhutanese

- children with diverse abilities and conduct research;
- Provide Mental Health Support programs for children with diverse abilities and their families;
- Recruit professional from relevant fields to empower children, stakeholders and the community; and
- Promote early identification and initiate early interventions on disabilities in collaboration with relevant stakeholders, agencies and professionals.



# ABILITY BHUTAN SOCIETY RECEIPTS AND PAYMENTS STATEMENT FOR THE MONTH OF SEPTEMBER 2011 - 30 TH JUNE 2012

		RECEIPTS		PAYMENTS		Cumulative
	GROUP/BROAD HEAD OF ACCOUNT	For the month(Nu.)	Annual Progressive(Nu.)	For the month(Nu.)	Annual Progressive(Nu.)	balance (+) Cr,( -
-	Opening Balance:					2
	a. Cash	2,848.20	-			
_	b. Bank	203,477.11	-			
-	Releases:	203,477.11			1.73	
	a. Membership/Donations	336,872.85	774,169.24	-		
_	b. CSOFF	330,072.03	200,000.00			
_			200,000.00			
_	c. Refundable Deposits d. Un- cashed Cheques	-				
_		-		- 27.		
3	Grants in- Kind:	-	-			
_	a. Donor A			-		
	b. Donor B	-	•			
4	Borrowings in - kind:					
	c. Lender A	-	•	-		
	d. Lender B	-	-		-	
5	Revenue Receipts/Remittances.					
	a. S.Tax & H. cont.			*:	5	
6	Other Recoveries/Remittances:					
	a. GPF: Employees contribution		•			
	b. Govt.Insurance Scheme			-	-	
	c. Other Insurance Premia		*	2	-	
	d. Loans from Fin. Instts.	-	-	-	-	
7	Personal Advances.	-		•		
_						
-	Miscellaneous Receipts/Payments:					
_	a. Non-Revenue a/c. Deposits	- :		-	•	
_	b. Refundable Deposit a/c. Deposits	-	-	-	-	
_	c. OBA Receipts.		-			
_	d. Tax Deducted at Source (TDS)	2,240.00	6,311.80	2,240.00	6,311.80	
9	Suspense:					
_	a. Stock					
_	b. Purchases	•			•	
_	c. PW Advances		-		76,050.00	
_	d. Intra-Agency Assignments					
	e. Deposits works(other pay. Security)	-	•	-	-	
	f. Other Deposits (security deposit for House rent)			-	60,000.00	
	g. RAA Deposits	-	•			
10	Budgetary Expenditure:		2			
	a. Current	-		49,033.98	179,705.06	
	b. Capital			- 7	164,250.00	
	c. Lending	-	•	-	*	
	d. Repayments			41	74	
11	Closing Balances:					
	a. Cash	-	-	1,065.22	1,065.22	
	b. Bank	•	-	493,098.96	493,098.96	
	Total :	545,438.16	980,481.04	545,438.16	980,481.04	





Executive Director
Ability Bhutan Society
Thimphu Bhutan

# ABILITY BHUTAN SOCIETY RECEIPTS AND PAYMENTS STATEMENT FOR THE PERIOD COVERING FROM 1st JULY 2012- JUNE 2013

	RECEIPTS		PAYMENTS		Cumulative
GROUP/BROAD HEAD OF ACCOUNT		Progressive(N u.)	For the month(Nu.)	Progressive(N u.)	balance (+) Cr,( ) Dr.
alance:					
h	12,084.34	-		-	
	1,917,449.42	-		-	V
mbership, Donations	217,000.00	3,205,014.53			
PFF		1,560,000.00			
is (Foreign Grants)		71,564.38		-	
I (Foreign Grants)		1,163,470.39	-	-	
ers (Sale of greeting cards, paintings)	-	88,900.00	-		
Kind:					
nor A	-	-	•		
nor B		-		-	,
s in - kind:					
der A	-		-		4
nder B					
Receipts/Remittances.					
ax & H. cont.	5,565.00	79,346.00	-	73,781.00	
overies/Remittances:					
: Employees contribution	11,399.00	121,124.00		40,928.00	
rt.Insurance Scheme	800.00	8,500.00	-	-	
ner Insurance Premia		- 1	-		
ans from Fin. Instts.	-			727	
Advances.	-	6,200.00	i e	6,000.00	
eous Receipts/Payments:					
-Revenue a/c. Deposits	<del></del>		-		
indable Deposit a/c. Deposits	<u> </u>			-	
Receipts.	1	-		-	
Deducted at Source (TDS)	1,400.00	37,414.90		36,400.50	
Deducted at Source (1DS)	1,400.00	37,414.90		36,400.30	
k	<del>-</del>				
hases	-	- :			2
Advances			100,000.00	100,000.00	
	<del>                                     </del>	- :			
a-Agency Assignments	-		-	0. <del>7</del> /2	
sits works(other pay. Security) r Deposits (security deposit for House			-	-	
Donosite	-	-		60,000.00	
Deposits	-	-	•	688	
Expenditure:	-		436 343 55	2 545 555 55	
rent		-	136,349.00	2,515,685.55	
ital		-	-	1,579,190.39	
nding		-		-	
payments		-		-	
lances:					
		-			
	-	-			
h	Total:			1,925,484.42	1,925,484.42 1,925,484.42







# ABILITY BHUTAN SOCIETY RECEIPTS AND PAYMENTS STATEMENT FOR THE PERIOD COVERING FROM 1st JULY 2013 - JUNE 2014

	RECEIPTS		PAYMENTS		Cumulative
GROUP/BROAD HEAD OF ACCOUNT	For the month(Nu.)	Annual Progressive(Nu.)	For the month(Nu.)	Annual Progressive(Nu.)	balance (+) Cr,
1 Opening Balance:					
a. Cash	51.14	-			
b. Bank	2,304,093.42,	5			
2 Releases:					
a. Membership, Donations	455,866.24	5,192,036.03	74		
b. CSOFF		2,200,000.00			
c. Abilis (Foreign Grants)	12	144,265.62			
d. CFLI (Foreign Grants)	718.30	1,697,397.69	1,53		
e. Save the Children		812,406.00			
f. Others (sale of greeting cards, Paintings)		159,495.00		122	
g. Standing instructions	*				
i. BOBL	122,768.00	122,768.00			
ii. BNBL	31,300.00	31,300.00			
iii. Druk PNBL	2,300.00	2,300.00		(-	
3 Grants in- Kind:					
a. Valuation of donated items		270,964.00		270,964.00	
b. Donor B	-	-		12	
-					
4 Borrowings in - kind:					
c. Lender A	1	-		-	-
d. Lender B	-				-
5 Revenue Receipts/Remittances.				404.005.00	
a. S.Tax & H. cont.	3,170.00	124,025.00	3,170.00	124,025.00	/
6 Other Recoveries/Remittances:					
a. GPF: Employees contribution	7,936.00	183,934.00	7,936.00	183,937.00	1
b. Govt.Insurance Scheme	800.00	3,400.00	800.00	3,400.00	
c. Other Insurance Premia		-17	-	- 1	
d. Loans from Fin. Instts.					
7 Personal Advances.	1,000.00	189,050.00		189,050.00	
8 Miscellaneous Receipts/Payments:					
a. Non-Revenue a/c. Deposits	-	- Sec. 1			
b. Refundable Deposit a/c. Deposits	5	(50			
c. OBA Receipts.	-			- ×	
d. Tax Deducted at Source (TDS)	3,929.00	67,862.90	3,929.00	68,882.50	-
9 Suspense:		/			1
a. Stock	-	(4)			
b. Purchases		0.50			
c. PW Advances	9	373,000.00		453,000.00	
d. Intra-Agency Assignments					
e. Deposits works(other pay. Security)				*	
f. Other Deposits (security deposit for					
House rent)		350	-	60,000.00	
g. RAA Deposits	1-		-	-	
10 Budgetary Expenditure:					
a. Current	•		327,483.61	5,173,358.66	
b. Capital				2,456,973.59	
c. Lending	-	(#X)	-		
d. Repayments		21	12	2	
11 Closing Balances:			1.		
a. Cash		•	37.53	37.53	
b. Bank			2,590,575.96	2,590,575.96	
Total Total	2,933,932.10	11,374,704,24	2,933,932.10	11,574,204.24	

Executive Director
Ability Bhutan Society
Thimphu Bhutan

## ABS Triannual report 2012-2014

### **Ability Bhutan Society**

### Three Years in Review

- 1. 20th of October 2012, ABS in collaboration with Changangkha Middle Secondary School conducted the diverse ability awareness.
- 2. 31st of November 2012, ABS approached the Canada Fund for Local Initiatives (CFLI) for funding on the project "Improving the quality of life of individuals living with disabilities, and the proposal was accepted and ABS was granted the fund.
- 3. 3rd of December 2012, ABS took part in the International Day for persons living with diverse abilities other stakeholders and Her Majesty the Gyaltsuen graced the occasion.
- 4. In 2012 ABS conducted seven Board meetings at the ABS center
- 5. 1st of February 2013, Behaviour Analyst, Lindsay Cochran joined the ABS staff and she has been training the social workers on behavior interventions and data collection.
- 6. 2013 ABS conducted three Board meetings at the ABS

#### center

- 7. 5th of March -16th of April 2013, ABS organized the 2nd Family Support Programme where various professionals gave talks to the parents of children with special needs, on a wide range of topics.
- 8. 17th-19th of July 2013 Gender Analysis and Mainstreaming Training for Civil Society Organizations was given to all the Program Officers at Paro.
- 9. 20th 27th of July 2013, during SENCO training, the special need social workers of ABS attended two days training under Ministry of Education in Thimphu
- 10. 14th of August 2013 Ability Bhutan Society successfully conducted Fundraising Concert at Lungtenzampa Middle Secondary School raising a sum of Nu. 68000.
- 11. 14th of August 2013, Ability
  Bhutan Society participated
  in the State of the World's
  Children with the theme
  'Children Living with diverse
  abilities', with the initiatives of
  the UNICEF and YDF where
  ABS was invited to be one of

- the stakeholders to observe the day.
- 12. 17th of August 2013, The Bhutanese stars, as volunteers, performed at Clock Tower Square to raise fund from 6pm to 9pm.
- 13. 9th 13th of September 2013
  ABS participated on the Bhutan
  Board of Certified Counselor
  to help grow the counseling
  skills and also to build
  strong network among the
  stakeholders.
- 14. 13th-16th of September 2013, Ability Bhutan Society got an opportunity from the BCCI to create awareness on issues related to diverse abilities through participating in the Trade Fair. And, advocate on the prevalence of diverse abilities and also create awareness on the services at ABS. Nu.24150 has been raised
- 15. 27th of September 2013,
  Ambassador of Canada visited the ABS Center to review on the Canada fund received by Ability Bhutan Society to purchase equipment.
- 16. October 2013, completed seven sessions of Family support group along with group discussion, goal setting for their children and home management with the support from professionals like SLT (speech and language therapist), OT (operational therapist), PT (physical

- therapist), and psychologist.
- 17. 31st of October 2013, volunteer from Canada, occupational therapist Ms. Louise took initiative along with all the stakeholders in creating awareness for Memorial Chorten to be wheelchair accessibility. It was collective initiative of all stakeholders working for disabilities to make accessibility for Bhutan.
- 18. 11th to 12th of October 2013, ABS participated in the CSO fair, which was a public exhibition of Civil Society Organization. It was collective effort of the CSO's in the country.
- 19. 8th of November 2013, Friend and Fund Raising Party was organized with the help of the supporters, volunteers of the ABS, they took initiatives for fundraising and friend raising organizing Dance Party at Club W. The fund was raised to meet the operational cost of Organization a sum of Nu.123500 + 124000 were raised.
- 20. 3rd-16th of November 2013, Michelle Turner a movement therapist for children with special needs, gave two days seminar for health professionals, teachers, caregivers and the staff of ABS and worked with children at the center and provided hands on training and lesson about alternative therapy.

ABS Triannual report 2012-2014

- 21. 20th of November 2013, Honorary Consulate-General of Bhutan in Tokyo visited the ABS center with her group.
- 22. 3rd of December 2013,
  ABS participated in the
  International Day for Persons
  living with diverse abilities
  through the research paper
  presentation done by the
  Center.
- 23. 5th-7th of December 2013, workshop on Management of Speech & Developmental Disorders in Children was carried out by ABS with the help of skilled professionals in collaboration with the Ministry of Health.
- 24. December 2013: Recruitment of four social workers based on the recruitment policy of Royal Government of Bhutan.
- 25. ABS presented a paper during the Regional Seminar held on International Day for person living with diverse abilities.
- 26. Orientation and review of Organization to social workers by Management and Board of Trustee.
- 27. The new recruit social workers started with intensive training on issues related to disabilities.
- 28. August to November 2013, six interns of ABS carried out volunteer awareness advocating through word of mouth and visiting offices,

- raising a sum of Nu. 171, 319.00.
- 29. ABS was invited to meet the delegation from European Union, who visited the country to study on the initiative taken by CSO in Bhutan.
- 30. January 2014: Service book of the staff was maintained along with personal file.
- 31. Continuous Social worker intensive training till the month of February.
- 32. Visit of Consultant Dr. Siffo Kumeds for curriculum development and teaching the social workers.
- 33. February 2014: Beginning of Center and Home based intervention for Children with diverse abilities for 2014.
- 34. Renewal of annual membership.
- 35. Preparation of fundraising.
- 36. March 2014: World down syndrome observance.
- 37. Executive Director visits to Japan.
- Advocacy conducted on UN Convention on the Rights of People living with diverse abilities.
- 39. Procurement of the Utility Van through Save the Children.

- 40. Proposal to Prime Minister for ABS Five year Budget.
- 41. April 2014: Autism Day Observance along with message of Her Majesty.
- 42. Executive Director and Program Officer attended International Seminar on Autism at Malaysia.
- 43. Dr. Brad and Dr. Shiva arrived at Center as volunteers.
- 44. Dr. Brad teaching with the social worker.
- 45. May 2014: Strategy planning meeting with Broad of Director and consultant.
- 46. Consultancy meeting with Management and Dr. Shiva

Berman.

- 47. Fundraising conducted by Youth Group.
- 48. Granted Audience with Her Majesty to Dr. Brad and Shiva Berman.
- 49. June 2014:Review of Strategy Planning.
- 50. Closing of Save the Children project.
- 51. Completion of CSOFF Project.
- 52. July 2014: Completed Royal Audit for three year.
- 53. In 2014, ABS conducted two Board Meetings at the ABS center.

### Institutional Partners/Donors

National	International
Kidu Foundation	Save the Children
Ministry of Health	UNICEF
Ministry of Education	Canada Fund for Local Initiative
Educating for GNH	Bhutan Foundation
Disabled Persons Association of Bhutan	Bussi-en Group
Draktsho Vocational Training Center for Special Children and Youths	Abilis Foundation

### Way Foreward

- Development of a nationwide database of persons with disabilities and conducting research.
- Advocate for positive changes in policy.
- Advocate public Access and Pilot Structures in Key Areas.
- Raise the awareness of general public to the concerns and needs of people living with disabilities.
- Promote early identification and initiate early interventions on disabilities in collaboration with relevant stakeholders, agencies and professionals.
- Support mental health programmes for children with disabilities and their families.
- Expansion of services to other Dzongkhags in Bhutan.



### **ABS NEEDS YOUR SUPPORT**

ABS envisions Empowering individuals with diverse abilities to live independently and with dignity in Bhutanese Society.

ABS solicits your/your organization's support to fulfill it's vision through pledging one or more of the options below.

#### Your Pledge, Your Commitment to a Worthy Cause

Your pledge could be...

#### I. Membership

Premium Lifetime Members

Individuals - Nu 30,000 or more per year Organisations - Nu. 300,000 or more per year

Gold Lifetime Members

Individuals - Nu 20,000 or more per year Organisations - Nu.200,000 or more per year

Silver Lifetime Members

Individuals - Nu 10,000 or more per year
Organisations - Nu.100,000 or more per year

Dedicated Lifetime Members

Individuals - Nu 5,000 or more per year Organisations - Nu.50,000 or more per year

One-Season Members

Individuals - Nu 5,000 or more one-time contribution
Organisations - Nu.50,000 or more one-time contribution

#### **II. Matching Funds**

Contribution to Match Funds received from individuals and/or organisations

#### III. Sponsorship

- Sponsorship from Individuals, Organisations, Government and Donors for:
  - (1) Capital Financing
  - (2) Specialised Equipment and materials
  - (3) Referrals, Specialist Services
  - (4) Trainings, Research, Advocacy and Lobbying
  - (5) In-kind endowments

Lifetime Members and those pledges above Nu.20,000/- will be honoured with plaque of honour from Her Majesty Gyaltsuen, The Queen of Bhutan, The Royal Patron of the ABS at an important ABS Function personally from Her Majesty or Her Majesty's *Kutshab*.



### **ABS NEEDS YOUR SUPPORT**

ABS envisions Empowering individuals with diverse abilities to live independently and with dignity in Bhutanese Society.

#### **UNDERTAKING**

l,	,	moved by the plight and potential of those					
with different	t abilities and declaring my heartfelt wish to s	upport the cause of " <b>Empowering individuals</b>					
with diverse	abilities to live independently and with d	ignity within Bhutanese Society", do hereby					
pledge to bed	ecome a (strike "or" or "and" whoever not requ	ired):					
1.	Individual	Member of the ABS					
2.	Organisational	OrganisationalMember of the ABS					
3.	Donor to match Funds for	Donor to match Funds for					
4.	Sponsor to support	Sponsor to support					
	aration of my/my organisation's wish and un s, I put my signature hereunder:	dertaking to fulfil the said requirements and					
(Signature)	Conta	ct Number:					
Name:	Mobile	Phone:					
Address:							
Email address	ss: Post	Box:					

